

Ingallina's

Box Lunch

1. Call Seattle: 206.766.9400 • Portland: 503.233.9400 • Downtown L.A. 213.413.9400 or Toll Free: 866.766.9400
2. Fax Seattle: 206.766.8725 • Portland 503.233.9405 • Downtown L.A. 213.413.9401
3. Online www.ingallina.com

Sandwiches

All sandwiches \$11.95

Served with Tim's chips, fresh cut fruit, a delicious cookie, bottled water, utensils and napkin.

Smoked Turkey & Havarti

Served on ciabatta with pesto-mayo, gourmet greens, tomato and balsamic vinaigrette.

Roast Turkey with Cranberry Cream Cheese

Served on whole wheat with gourmet greens.

Turkey & Avocado

Fresh roasted turkey breast and avocado served on whole wheat ciabatta with our Jalapeno Cream Cheese, leaf lettuce, tomato and red onion.

Chipotle Chicken Sandwich

Chicken breast, avocado and pepper jack cheese on a baguette with chipotle mayonnaise, roasted red and yellow peppers, leaf lettuce and onion.

Italian Submarine

Italian salami, mortadella, pepper jack cheese, cheddar cheese, kalamata olives, pepperoncini peppers, leaf lettuce and tomato on baguette.

Chicken Club

Chicken breast, cheddar cheese, crisp bacon, avocado, leaf lettuce and tomato on ciabatta roll.

Tomato Mozzarella & Avocado

Served on whole wheat ciabatta with pesto-mayo, leaf lettuce and balsamic vinaigrette.

Roasted Vegetable on Focaccia

Roasted eggplant, zucchini, and red & yellow peppers with mozzarella cheese, and pesto-mayo.

Albacore & Dill Pickle

Albacore and dill pickle salad, on wheat with cheddar cheese, leaf lettuce and tomato.

Ham & Swiss

On marbled rye with cucumber slices, leaf lettuce and tomato.

Roast Beef with Cheddar

On sourdough with leaf lettuce and tomato.

Cuban Steak Sandwich

Citrus marinated flat steak on a baguette with Havana black bean pesto, cilantro and fresh red pepper.

Wraps & Pitas

All Wraps and Pitas \$11.95

Served with fresh cut vegetable salad, Tim's chips, a delicious cookie, bottled water, utensils and napkin.

Amarillo Turkey Wrap

Roasted turkey breast, bacon, cheddar, diced tomato, romaine lettuce and BBQ mayonnaise wrapped in a spinach tortilla.

Asian Chicken Wrap

Marinated chicken breast tossed with red and green cabbage, carrot, green onion, ramen, sesame seed, toasted sliced almonds and cashews. Wrapped in a red roma tortilla and served with a side of Chinese dressing.

Mediterranean Pita

Hummus, roasted eggplant, diced tomato, romaine lettuce, cucumber, kalamata olives and feta cheese on pita bread. ~Available vegan.

Ranch Chicken Pita

Chicken breast, crisp bacon, cheddar cheese, romaine lettuce, tomato and ranch dressing on pita bread.

Caesar Chicken Wrap

Lemon marinated chicken breast with imported parmesan cheese, diced tomato, romaine lettuce, kalamata olives and our gourmet Caesar dressing wrapped in a whole wheat tortilla.

Salads

All salads \$12.45

Served with fresh cut fruit, a delicious cookie, roll, butter, bottled water, utensils and napkin.

Classic Cobb Salad

Lemon & herb marinated Chicken breast, avocado, bleu cheese crumbles, crisp bacon, tomato, scallions and hard-boiled egg on gourmet greens. Served with vinaigrette dressing on the side.

Asian Noodle with Chicken Salad

Vermicelli pasta tossed in soy sauce. Topped with snow peas, cilantro, green onion, marinated chicken breast and roasted cashews. Served on a bed of gourmet greens with an Asian vinaigrette on the side.

Pear & Bleu Cheese Salad

Juicy ripe pears on a bed of gourmet greens topped with bleu cheese crumbles, dried cranberries, sweet and crunchy walnuts and strawberries. Served with walnut vinaigrette on the side.

Greek Salad

Gourmet greens topped with tomato, cucumber, avocado, feta cheese, kalamata olives, marinated artichoke and pepperoncini pepper. Served with a vinaigrette dressing on the side. ~Available vegan.

Lemon Chicken Caesar

Ingallina's version of this classic salad includes crisp romaine, tomatoes, black olives, lemon, imported parmesan and our homemade garlic croutons. Topped with our delicious lemon and herb marinated chicken breast. Served with gourmet Caesar salad dressing on the side.

Pesto Chicken Salad

Gourmet greens topped with pesto chicken breast, sundried tomato, artichoke, pine nuts and parmesan cheese with Italian vinaigrette dressing on the side.

Oriental Chicken Salad

Marinated chicken breast tossed with red and green cabbage, carrot, green onion, ramen noodle, sesame seed, toasted almonds, and mandarin oranges. Served with our sweet and spicy Oriental dressing on the side.

BBQ Chicken Salad

Gourmet greens topped with BBQ chicken breast, black beans, corn, cilantro, crispy corn tortilla strips, pepper jack cheese, scallions and tomato. Served with ranch dressing on the side.

Baby Asparagus Chicken Salad

Gourmet greens topped with fresh asparagus, lemon marinated chicken breast, Parmesan cheese and cherry tomatoes. Served with Italian vinaigrette dressing on the side.

Cilantro-Lime Chicken Salad

Delicious cilantro-lime marinated chicken on a bed of gourmet greens topped with fresh red pepper, mango and carrots. Served with a side of our sweet mango dressing.

Lighter Lunches & Combos

California Rolls and Asian Noodle Salad

What a delicious combination! California Rolls with nori, crab, cucumber, carrot, avocado and calrose rice. Soy sauce, Wasabi and ginger packaged separately. Served with a side of our Asian Noodle & Chicken Salad, 2 chocolate-dipped fortune cookies, chopsticks and bottled water. \$11.45

Rustic Turkey and Caesar Salad

A slightly smaller sandwich and salad designed for the lighter appetite. Roasted turkey breast on herbed focaccia with pesto cream cheese, leaf lettuce and roasted red and yellow peppers. Served with Caesar Salad and dressing on the side, a delicious cookie, Tim's chips and bottled water. \$11.45

The Nibbler

A light and delicious array of fruits, cheeses, meats and crackers. Served with a fresh cut vegetable salad, a delicious cookie and bottled water. \$11.45

The Gluten Free Combo

Starts with a delicious bed of gourmet greens topped with fresh mozzarella balls, grape tomatoes, black olives, cucumber slices and roasted chicken breast. Served with our house made balsamic vinaigrette dressing. Combo Includes Fresh Fruit Cup and Water. (This Combo Does Not include a cookie, desert or chips) \$11.45

CALL FOR MONTHLY SPECIALS!

Total Number of Box Lunches

Name of Person Placing Order _____

Business Name _____

Billing/Mailing Address (address, city, state, zip) _____

Phone _____

E-Mail _____

Delivery Address (address, city, state, zip) _____

Coupon/Tip _____

Date of Delivery _____ Time of Delivery _____ TOTAL \$ AMOUNT _____

Payment: C.O.D. Bill Credit Card _____ CCV# _____

Card# _____ / _____ / _____ Exp. Date: _____

Zip Code _____ Card Holder Name _____